



APPOINTMENT DETAILS:

Appointment Time:

Date:

melbourne heart care

Name:

Date of Birth:

Address:

Telephone (H):

Telephone (M):

Med No.:

REQUEST FOR:

CLINICAL DETAILS:

REFERRING DOCTOR DETAILS:

RESULTS:

Telephone Report (No.)

Facsimile Report (No.)

Email Report:

COPIES TO:

DOCTORS SIGNATURE:

DATE:

HOLTER MONITOR

A Holter Monitor is a 24 hour recording of your heart rate and rhythm. This monitor usually takes 10 minutes to apply and 5 minutes to remove the next day. 5 wires will be placed around your chest. These are attached to a small recorder which you will carry for 24 hours. You will need to remove your shirt/blouse for this test and it is recommended that you wear a loose fitting top. You will be given a diary to record any symptoms you may have, and you will not be able to shower until the completion of the test.

12 LEAD ECG

A 12 lead ECG is a simple test that records the electrical activity of your heart and will take around 10 minutes to perform. Leads will be placed on your chest, arms and legs. You will need to remove your shirt/blouse for this test.

BLOOD PRESSURE MONITOR

A Blood Pressure monitor records your blood pressure at regular intervals over 24 hours. This monitor usually takes 10 minutes to apply and 5 minutes to remove the next day. A blood pressure cuff is placed on your arm and you will carry a small monitor with you. This monitor

is programmed to your day and night activities, which will be determined when you attend. You will not be able to shower until the completion of the test.

EXERCISE STRESS TEST

An Exercise Stress Test measures the performance of the heart, lungs and blood vessels. In most cases, the test is carried out to assist in making a diagnosis of coronary artery disease. The test can also be used to evaluate a patient's capacity to undertake certain physical activities and in the planning of an appropriate training program. This test usually takes 30 minutes. You will be required to walk on a treadmill that increases in speed and slope every three (3) minutes. Wear comfortable clothing such as a tracksuit, shorts or slacks and a pair of comfortable walking shoes.

STRESS ECHOCARDIOGRAM

This test combines the exercise stress test with echo images of the heart to make the test more informative and accurate. You first lie on a bed on your left side while a sonographer takes ultrasound images of your heart at rest. This will take approximately 10 mins. You will be then asked to walk on the

treadmill, doing as much exercise as you can comfortably do. You will then be quickly taken from the treadmill and back onto the bed (in the same position as before). The sonographer will take more ultrasound images of your heart while your heart rate is increased. This will take approximately 90 secs. The Cardiologist will then be able to compare the images of your heart at rest with the images of your heart after exercise. You should allow 30-40 minutes for the test, avoid a heavy meal beforehand, and wear comfortable walking shoes.

PACEMAKER CHECK

A 15 minute procedure that interrogates the pacemaker.

ECHOCARDIOGRAM

This test uses harmless ultrasound waves to give us images of your heart in motion. From these we are able to assess your heart's structure and function. Allow 40-50 mins for this test.

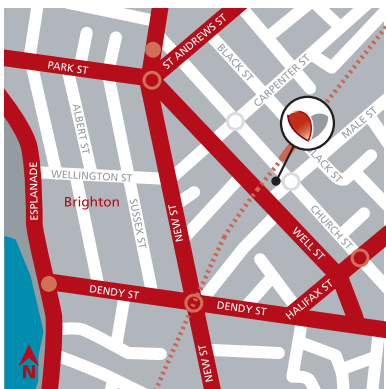
See over for
practice details



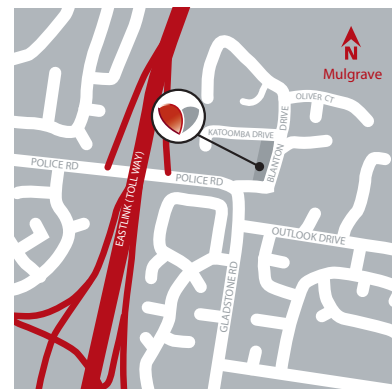
Practice Details

Melbourne Heart Care provides cardiac testing at eight practice locations as follows:

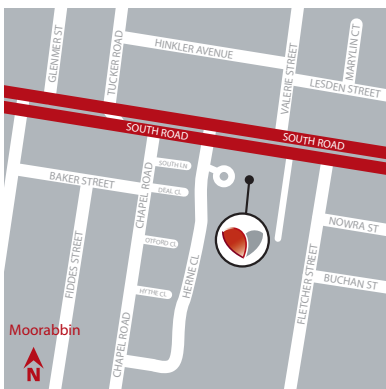
Melbourne Heart Care Brighton
ACN 078 559 798
Head Office
Suite 16, 3 Male Street
Brighton VIC 3186
Tel: 03 9592 2177
Fax: 03 9592 3177



Melbourne Heart Care Mulgrave
ACN 078 559 798
Suite 14, 529 Police Road
Mulgrave VIC 3170
Tel: 03 9795 0032
Fax: 03 9790 0644



Melbourne Heart Care Moorabbin
ACN 078 559 798
Consulting Suite C, Ground Floor
Holmesglen Private Hospital
490 South Road
Moorabbin VIC 3189
Tel: 03 9592 2177
Fax: 03 9592 3177



Melbourne Heart Care Warragul
ACN 078 559 798
2/71 Victoria Street
Warragul VIC 3820
Off-street parking via Trumpy Ln
Tel: 03 5622 3244
Fax: 03 5622 3277



Melbourne Heart Care
Other pacing clinic locations:
Clayton - 03 9594 2462 (Suite B)
Rowville - 03 9780 8900
Morwell - 03 5132 1289
Wonthaggi - 03 5671 3353

Tests and procedures available at each site

	Brighton	Moorabbin	Mulgrave	Warragul
Stress echocardiogram	✓	✓		✓
Echocardiogram	✓	✓	✓	✓
Exercise stress test	✓	✓		✓
Holter monitors	✓	✓		✓
BP monitors	✓	✓		✓
ECG	✓	✓		✓
Pacemaker check	✓	✓	✓	✓