



APPOINTMENT DETAILS:

melbourne heart care

Appointment Time:

Date:

Name:

Date of Birth:

Address:

Telephone (H):

Telephone (B):

Med No.:

REQUEST FOR:

CLINICAL DETAILS:

REFERRING DOCTOR DETAILS:

PATIENT CATEGORY:

RESULTS:

- PTE Vet/Aff
 W/C TAC
 Pension

Telephone Report (No.)

Facsimile Report (No.)

Email Report:

COPIES TO:

DOCTORS SIGNATURE:

DATE:

HOLTER MONITOR

A Holter Monitor is a 24 hour recording of your heart rate and rhythm. This test usually takes 20 minutes to apply and 5 minutes to remove the next day. 7 wires will be placed around your chest. These are attached to a small recorder which you will carry for 24 hours. You will need to remove your shirt/blouse for this test and it is recommended that you wear a loose fitting top. You will be given a diary to record any symptoms you may have, and you will not be able to shower until the completion of the test.

12 LEAD ECG

A 12 lead ECG is a simple test that records the electrical activity of your heart and will take around 10 minutes to perform. Leads will be placed on on your chest, arms and legs. You will need to remove your shirt/blouse for this test.

BLOOD PRESSURE MONITOR

A Blood Pressure monitor records your blood pressure at regular intervals over 24 hours. This test usually takes 20 minutes to apply and 5 minutes to remove the next day. A blood pressure cuff is placed on your arm and you will carry a small monitor with you. This monitor

is programmed to your day and night activities, which will be determined when you attend. You will not be able to shower until the completion of the test.

EXERCISE STRESS TEST

An Exercise Stress Test measures the performance of the heart, lungs and blood vessels. In most cases, the test is carried out to assist in making a diagnosis of coronary artery disease. The test can also be used to evaluate a patient's capacity to undertake certain physical activities and in the planning of an appropriate training program. This test usually takes 30 minutes. You will be required to walk on a treadmill that increases in speed and slope every three (3) minutes. Wear comfortable clothing such as a tracksuit, shorts or slacks and a pair of comfortable walking shoes.

STRESS ECHOCARDIOGRAM

This test combines the exercise stress test with echo images of the heart to make the test more informative and accurate. You first lie on a bed on your left side while a sonographer takes ultrasound images of your heart at rest. This will take approximately 10 mins. You will be then asked to walk on the

treadmill, doing as much exercise as you can comfortably do. You will then be quickly taken from the treadmill and back onto the bed (in the same position as before). The sonographer will take more ultrasound images of your heart while your heart rate is increased. This will take approximately 90 secs. The Cardiologist will then be able to compare the images of your heart at rest with the images of your heart after exercise. You should allow 45-60 minutes for the test, avoid a heavy meal beforehand, and wear comfortable walking shoes.

PACEMAKER CHECK

A 15 minute procedure that interrogates the pacemaker.

ECHOCARDIOGRAM

This test uses harmless ultrasound waves to give us images of your heart in motion. From these we are able to assess your heart's structure and function. Allow 45-60 mins for this test.

For all appointments
call: **9592 2177**
See over for practice details

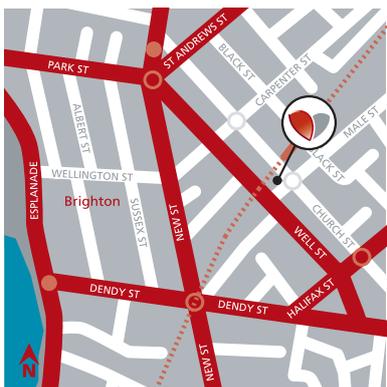


Practice Details

Melbourne Heart Care is located at three practice locations as follows:

**Melbourne Heart Care
Brighton**

ACN 078 559 798
Suite 16, 3 Male Street
Brighton VIC 3186
Tel: 03 9592 2177
Fax: 03 9592 3177



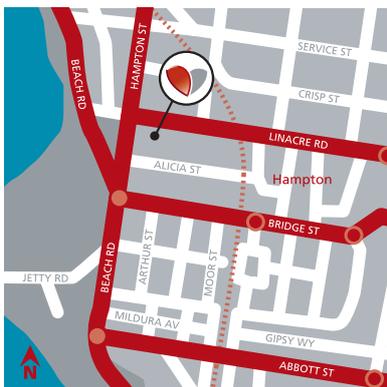
**Melbourne Heart Care
Mulgrave**

ACN 078 559 798
Suite 14, 529 Police Road
Mulgrave VIC 3170
Tel: 03 9795 0032
Fax: 03 9790 0644



**Melbourne Heart Care
Linacre Private Hospital**

ACN 078 559 798
12 Linacre Road,
Hampton VIC 3188
Tel: 03 9599 5551
Fax: 03 9533 4287



**Melbourne Heart Care
Warragul**

ACN 078 559 798
Specialist Consulting Rooms
West Gippsland Hospital
Landsborough Street
Warragul 3820
Tel: 03 5623 0690
Fax: 03 5622 2859



**Melbourne Heart Care
Moorabbin**

ACN 078 559 798
Moorabbin Specialist Centre,
873 Centre Road,
East Bentleigh VIC 3165
Tel: 03 9579 0100
Fax: 03 9563 7554

